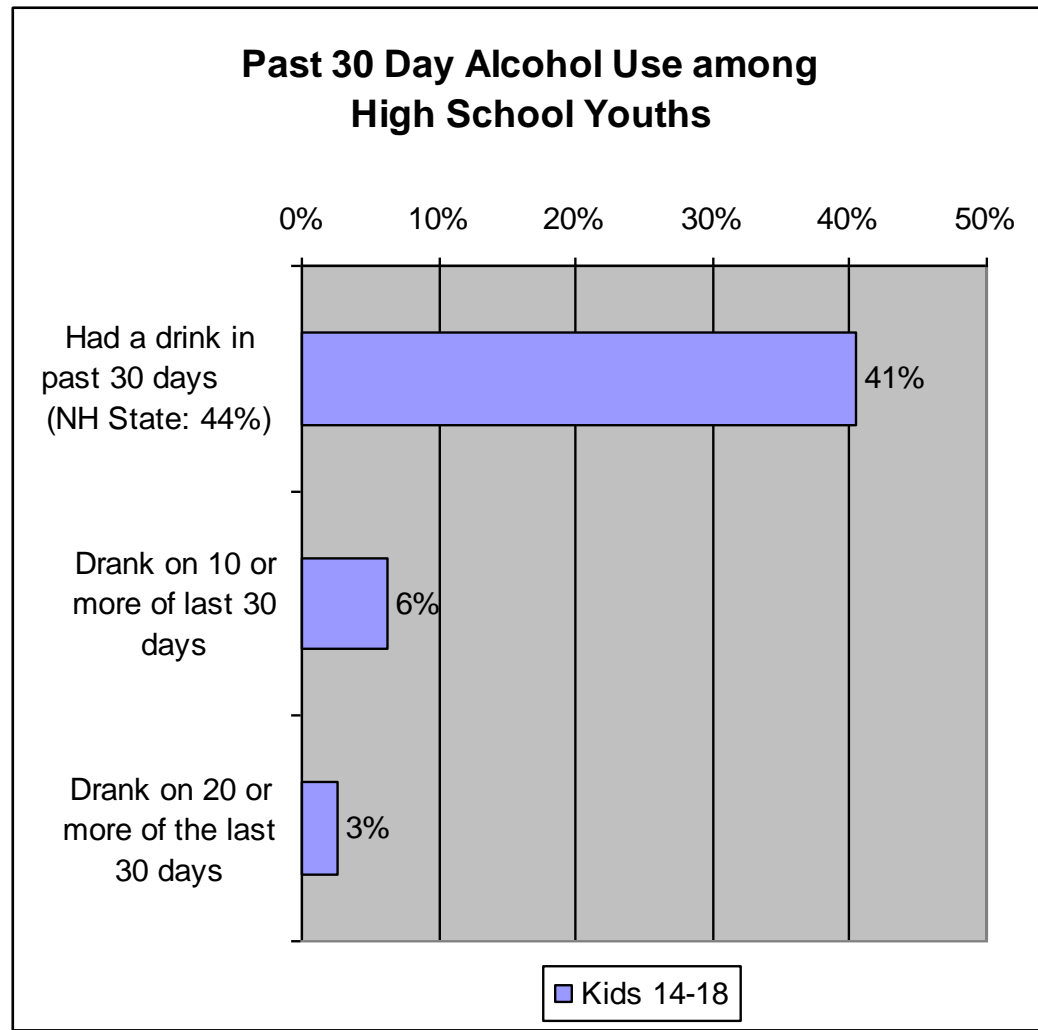


Underage Alcohol Use

Two in five high school youths had a drink in the past 30 days

One in twenty drank at least every 3 days



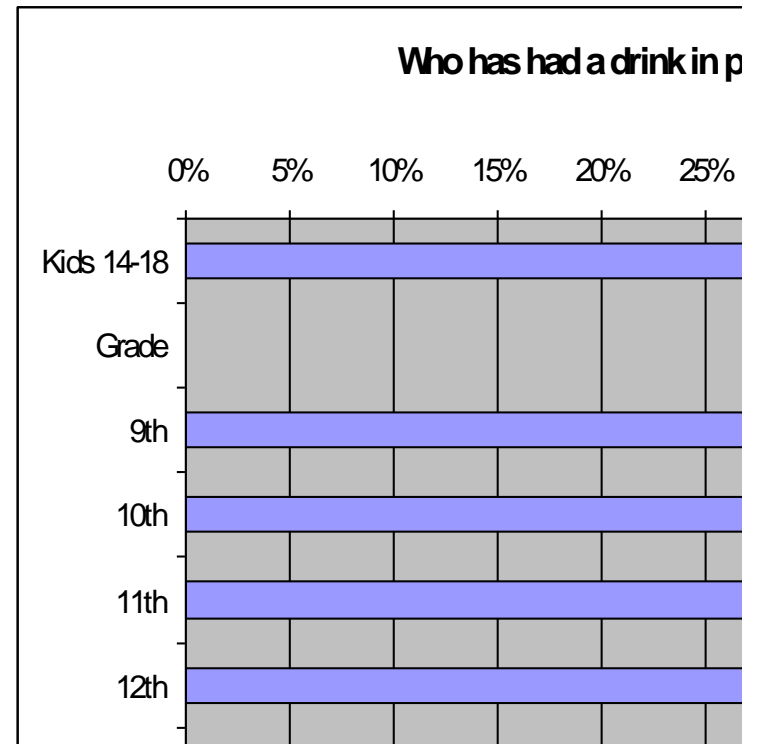


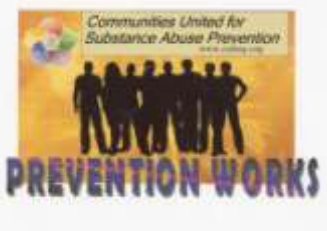
Who is drinking...

**By 9th grade,
1 in 3 kids
drink
alcohol**

**Big jump in
10th grade**

**By 11th grade
nearly half
drink**

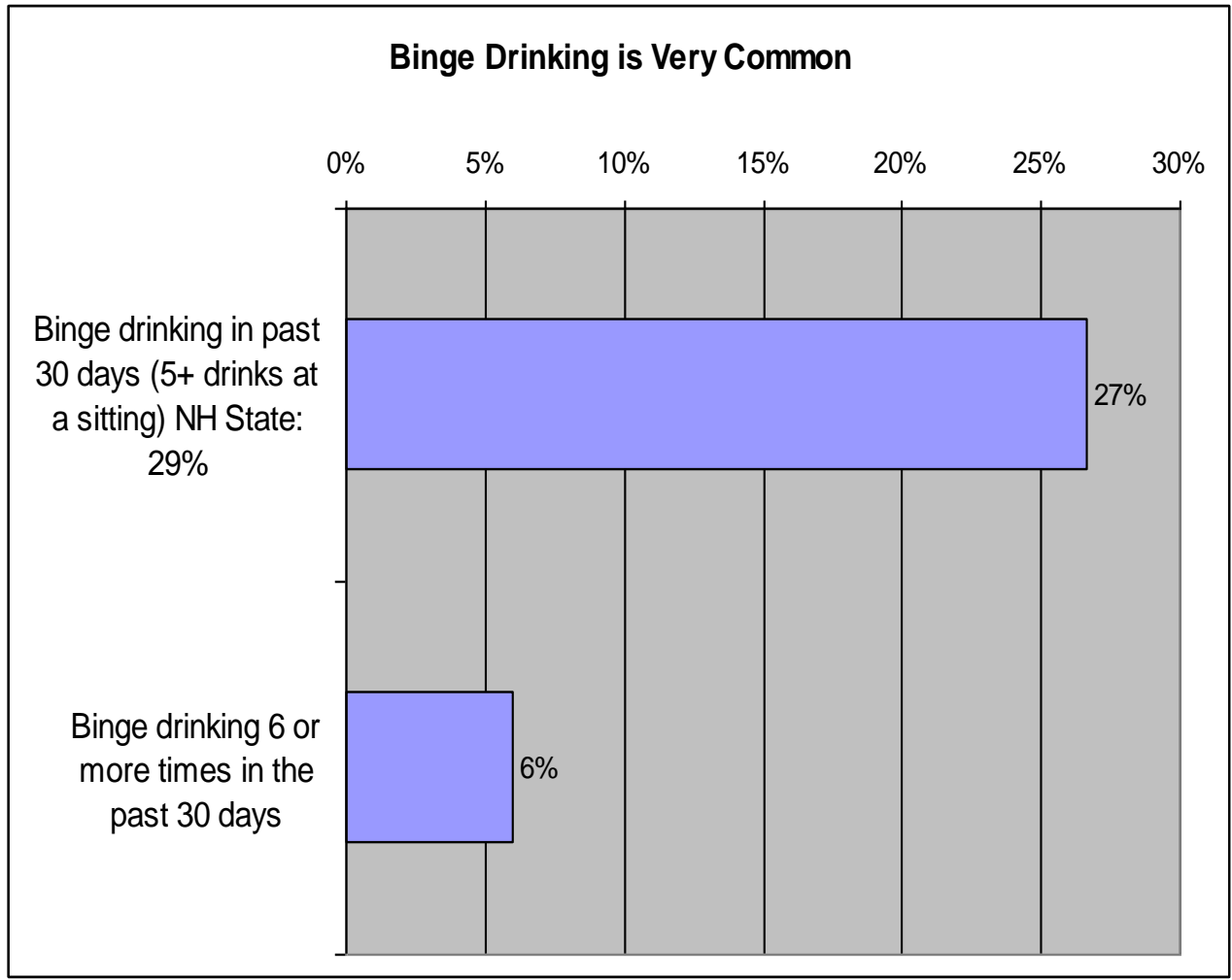


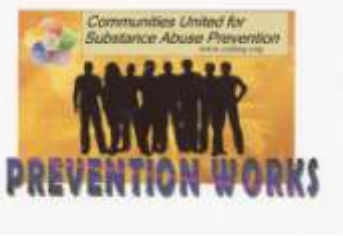


Binge Drinking is Common

One in four high school students drank 5+ drinks in a row in past 30 days

One in twenty binges weekly+

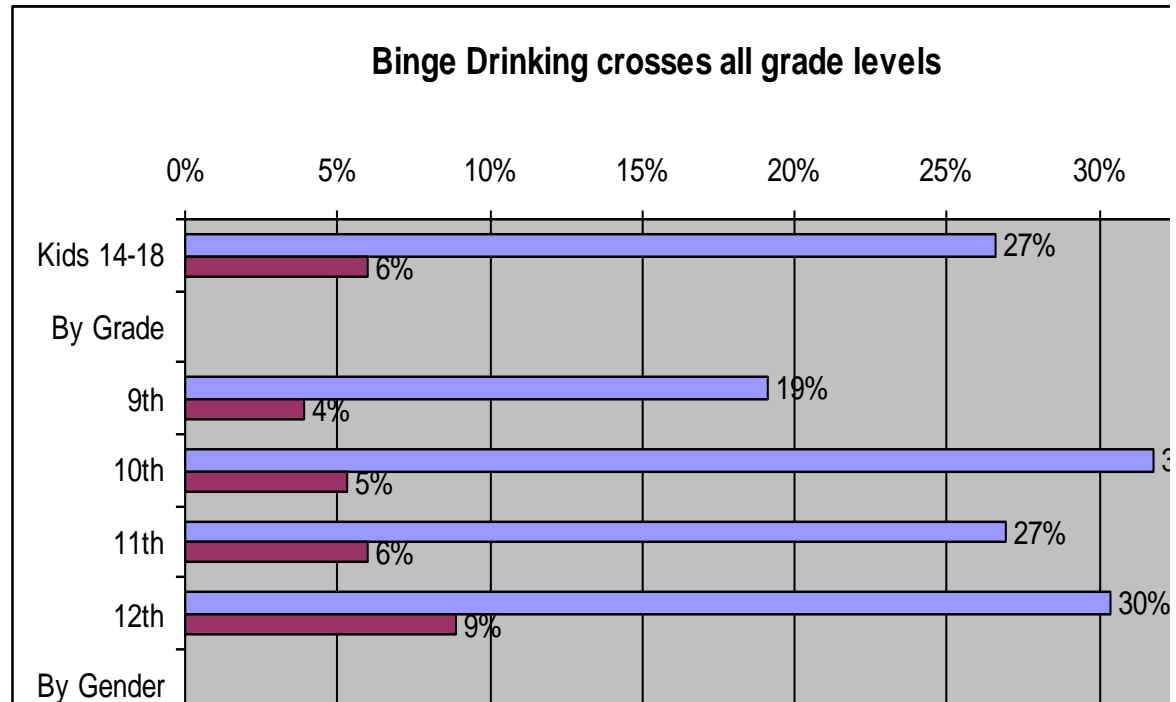




Who is bingeing...

Light bingeing peaks in 10th grade

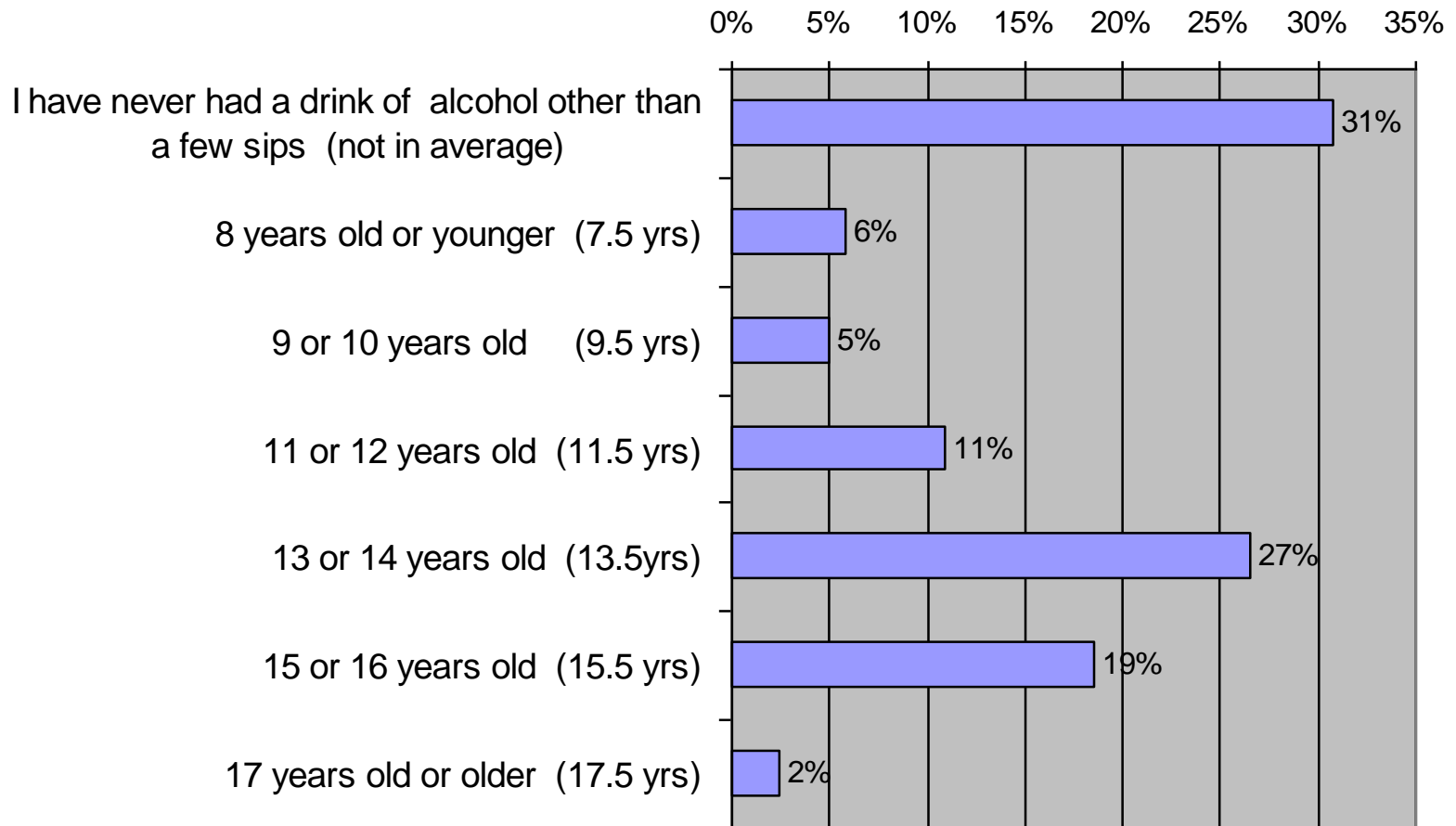
Heavy bingeing peaks in 12th grade





Age of First Drink

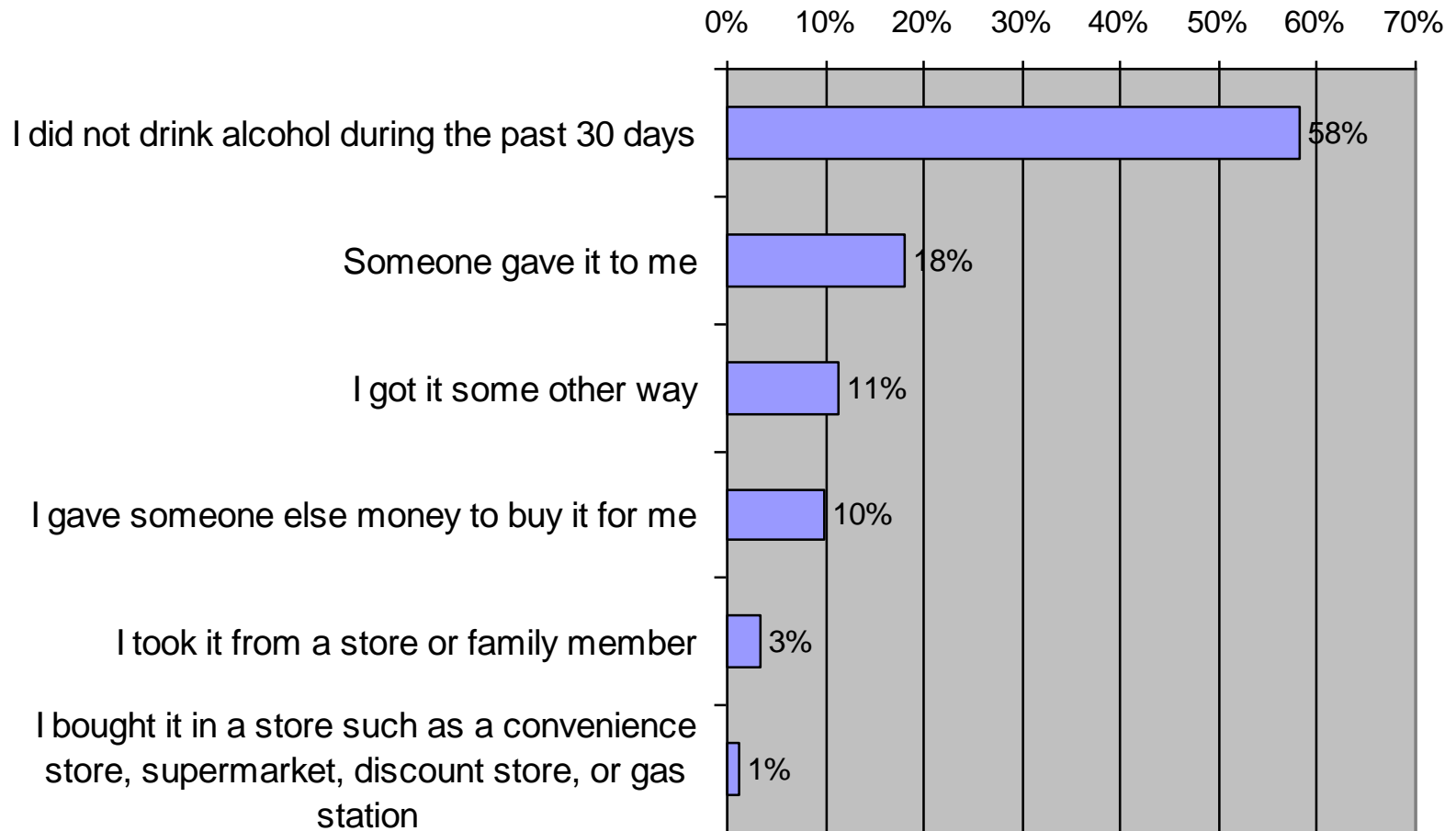
Kids start drinking at a very early age

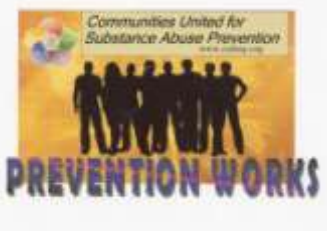




Where kids get alcohol

Kids get drink from peers and near-peers

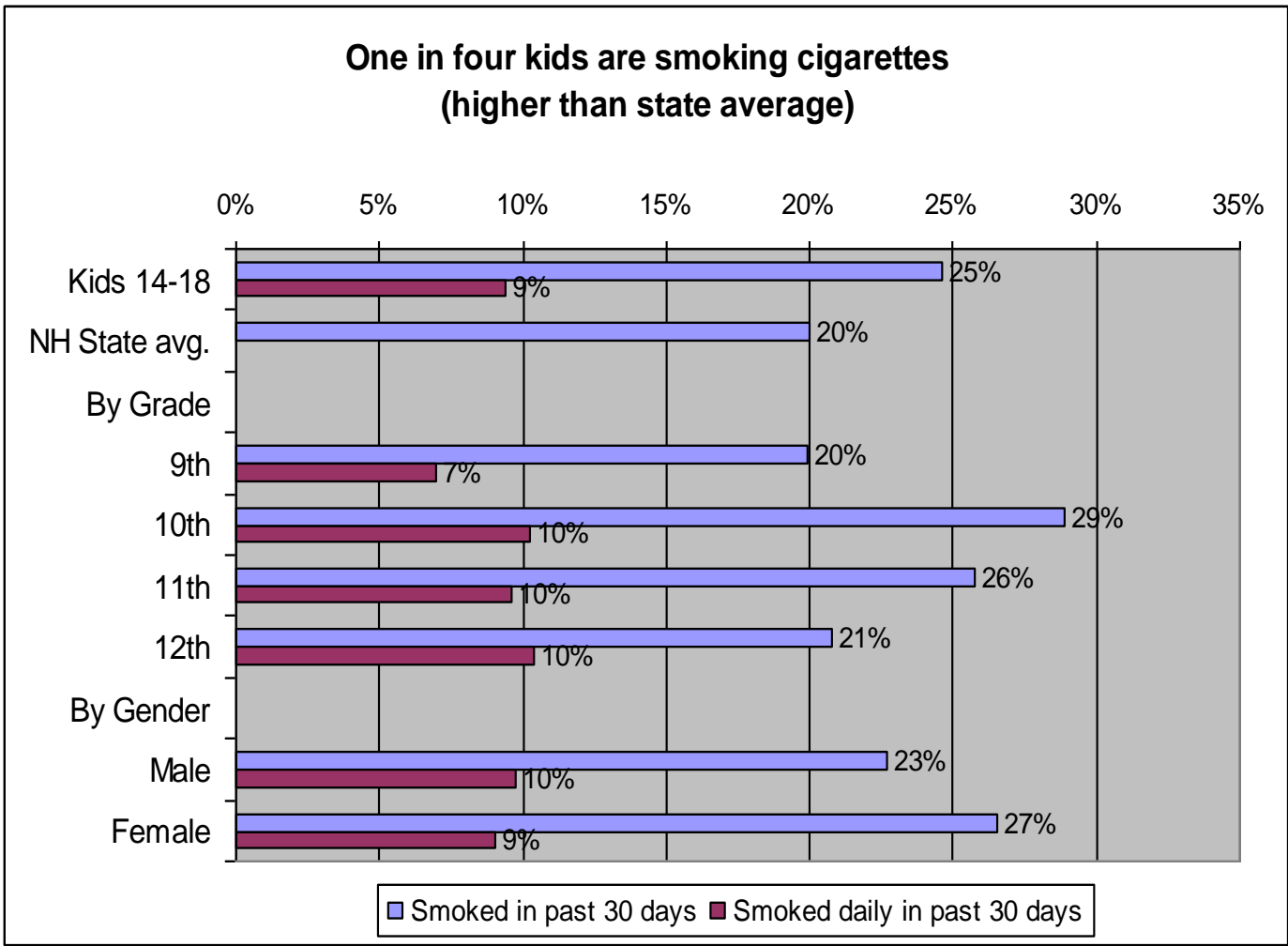




Many kids smoke tobacco

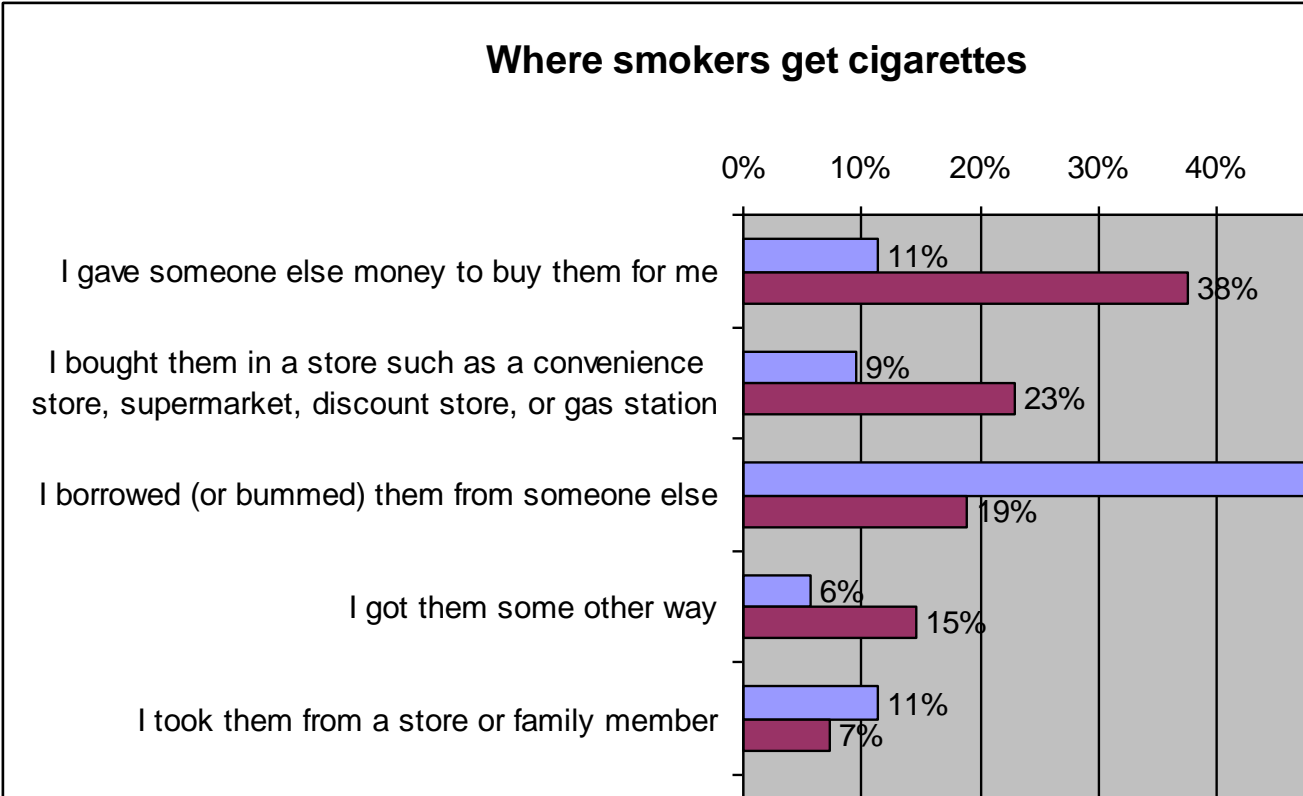
One in four kids have smoked in past 30 days

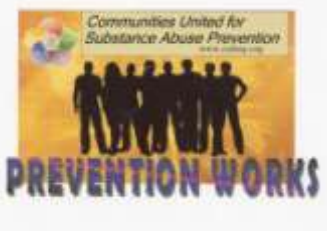
One in ten smoke daily





Source of cigarettes



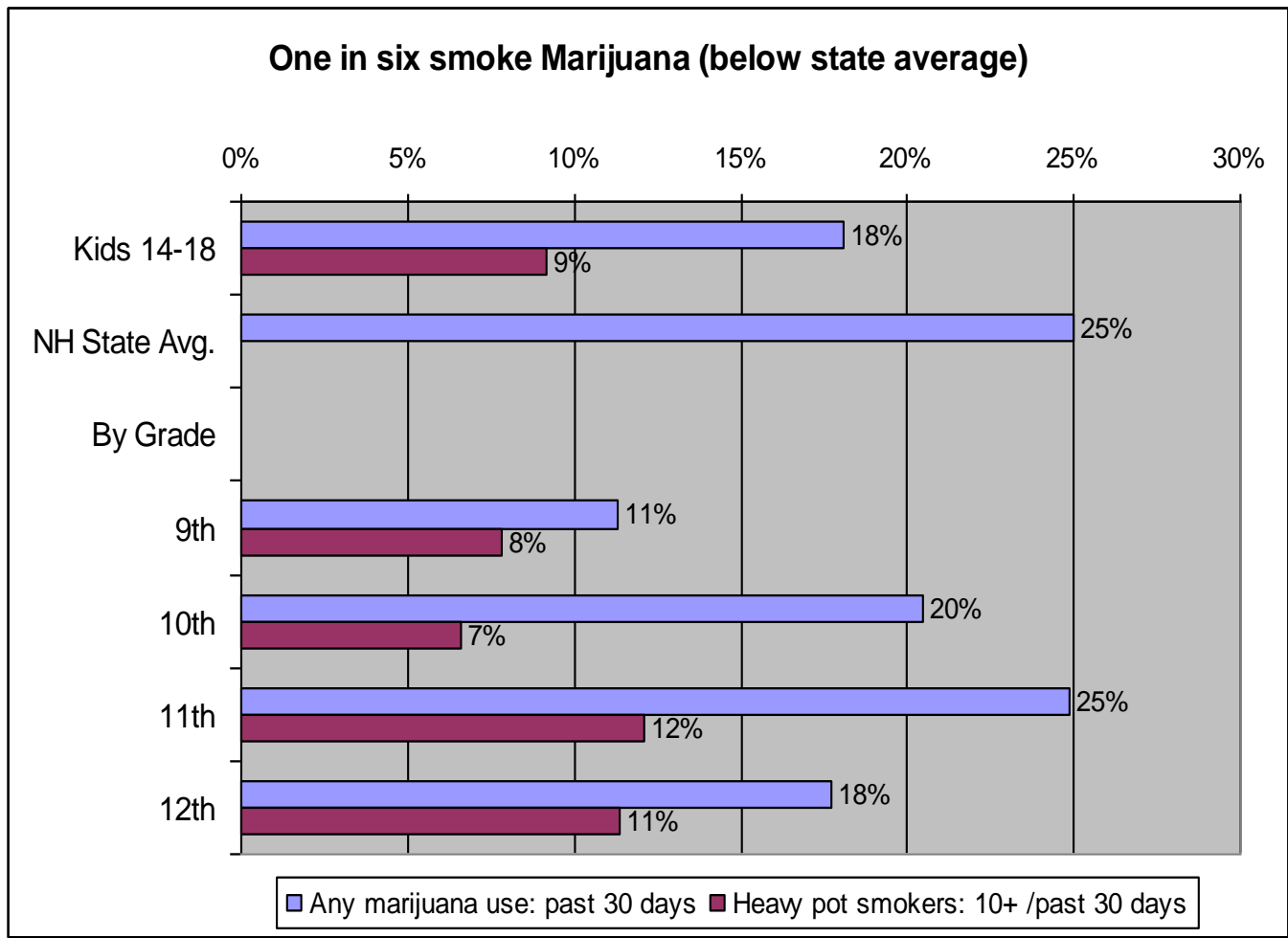


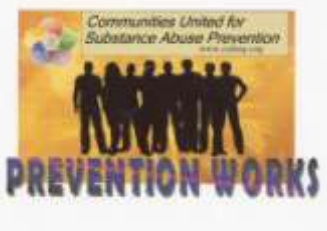
Marijuana Use

**One in six
smokes
marijuana**

**Use peaks in
11th grade**

**One in ten
smokes at
least every
few days**



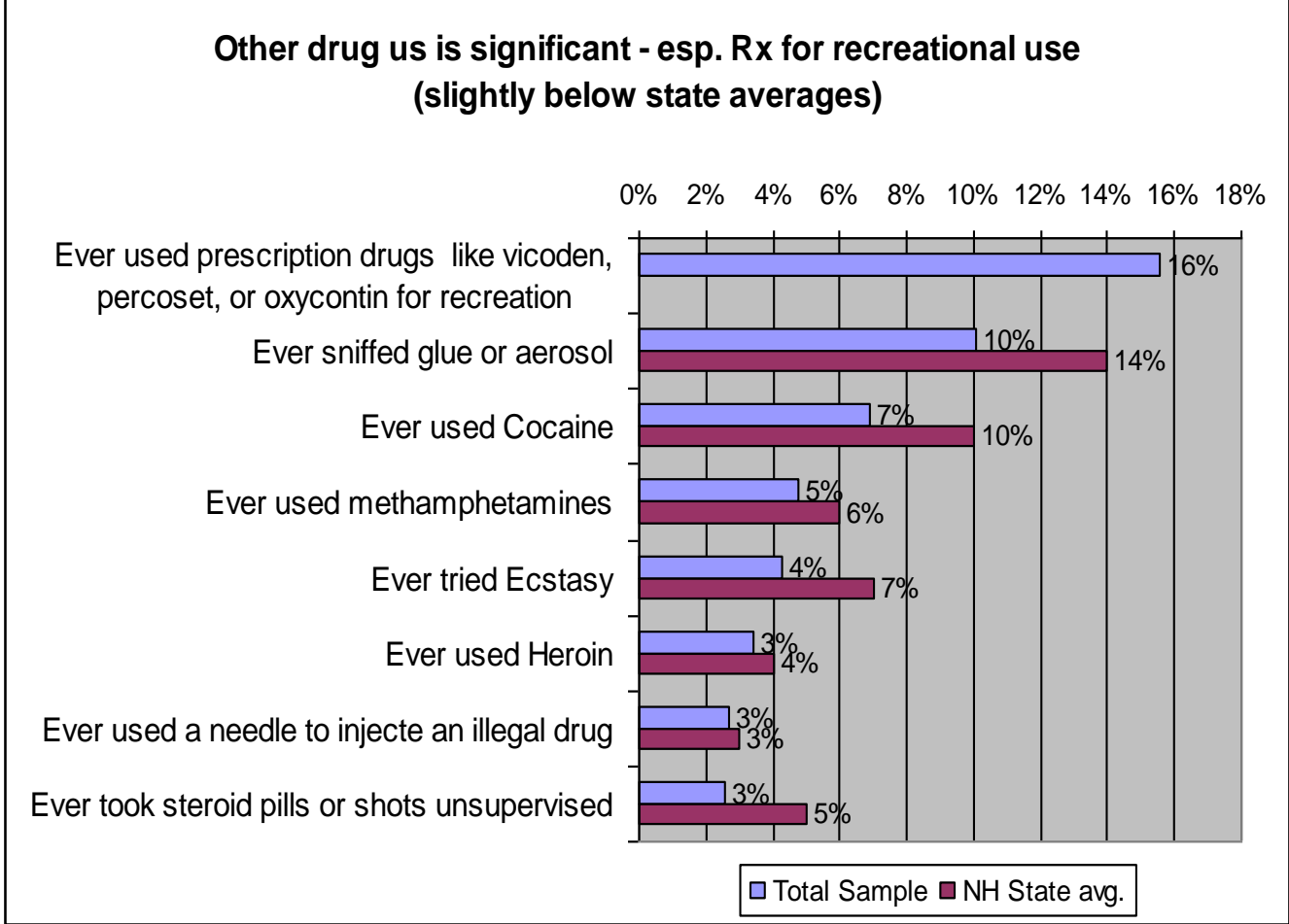


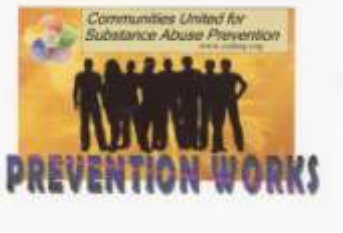
Lifetime use: other drugs

Rx Drugs for recreation used by one in six

Sniffing glue or aerosol one in ten

Cocaine, Meth, Heroin, too

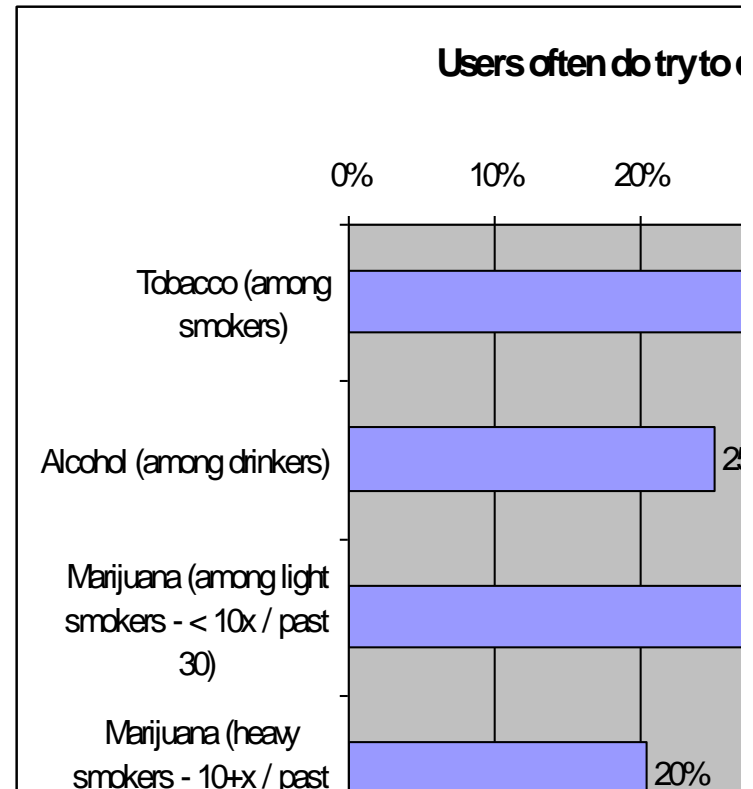




Users do try to cut back

Hopeful note:

Users of all substances report efforts to cut back over past 12 months

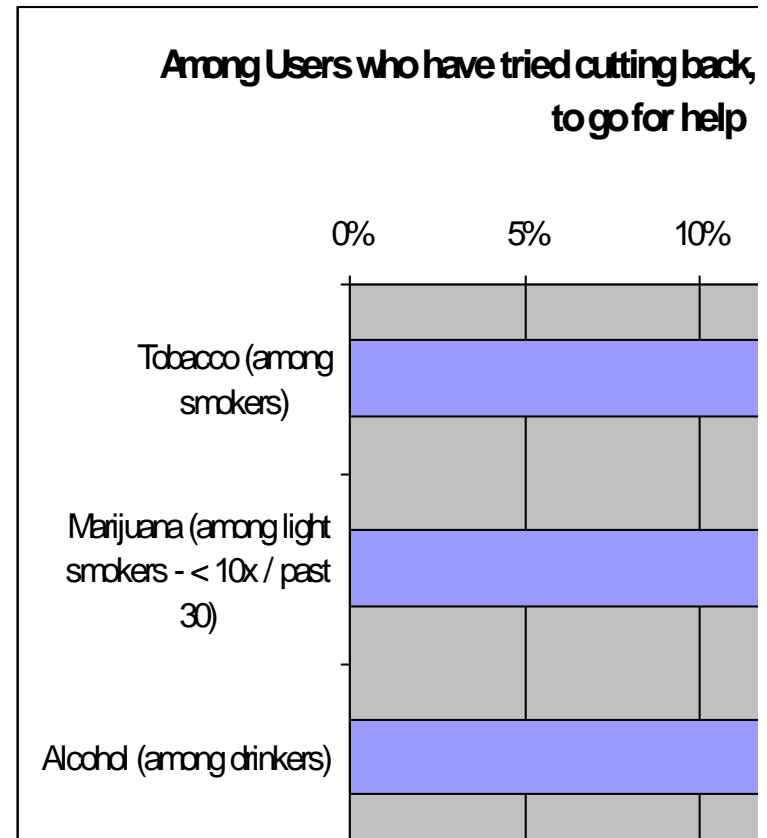


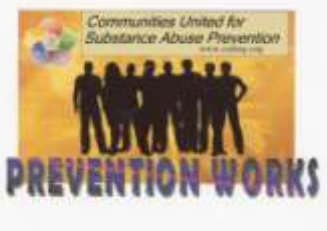


Know where to seek help

While most users who try cutting back know where to get help, one in five do not!

There's work to be done.

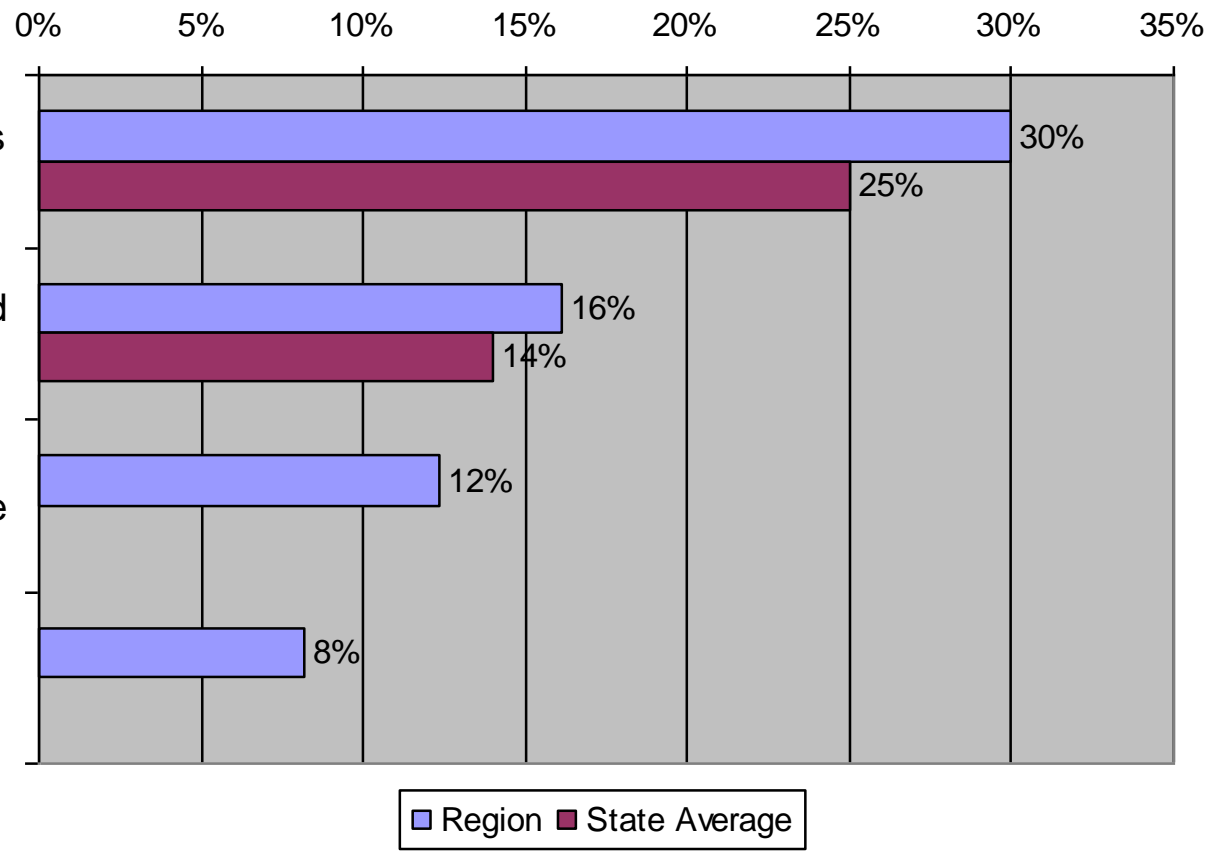




Depression

Youth Depression higher than State Average

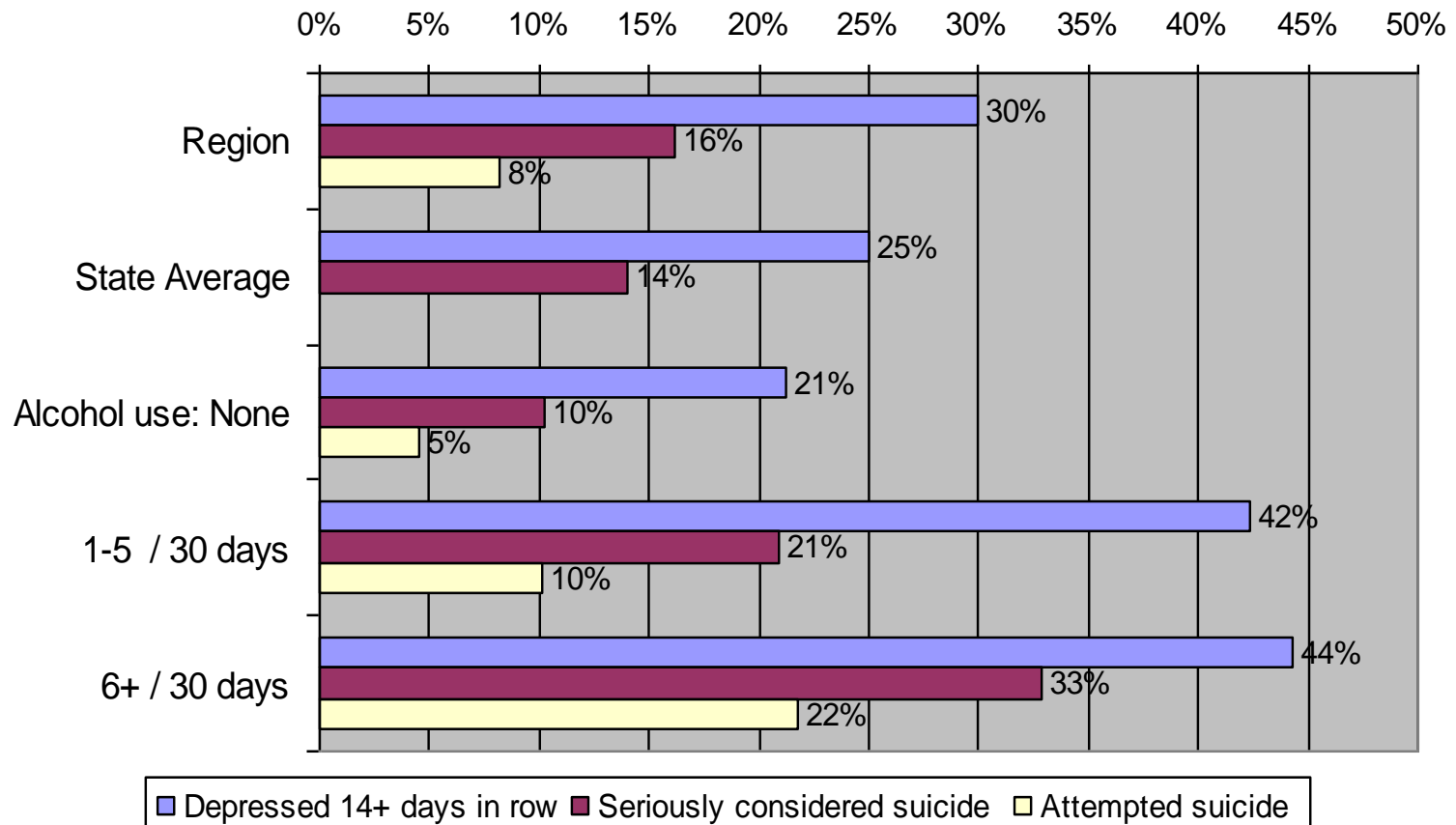
Half of depressed youth harbor suicidal thoughts

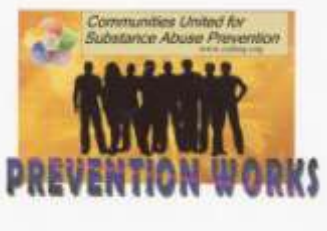




Depression, Suicide & Alcohol

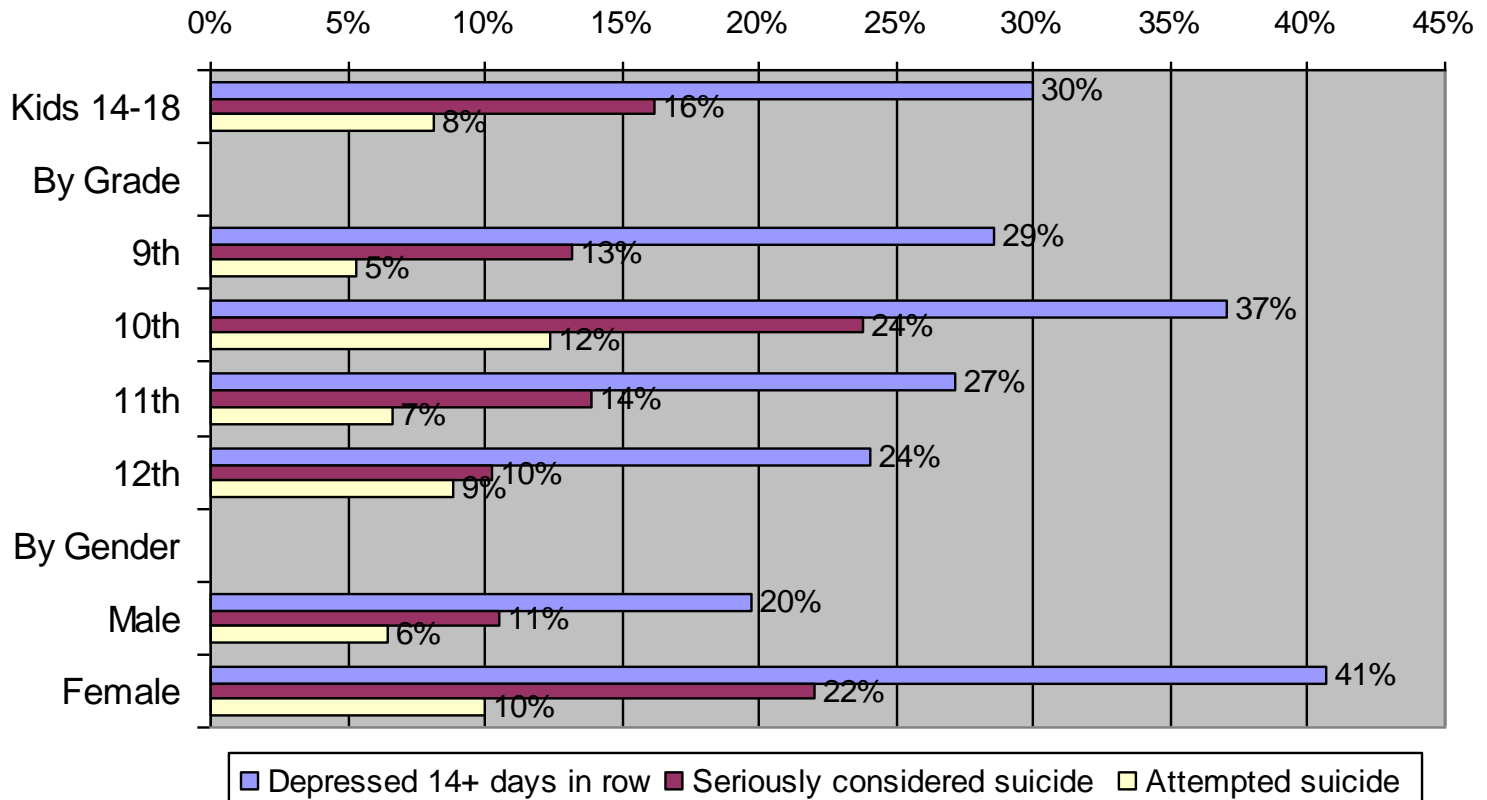
Youth involved with Alcohol far more likely to be depressed / consider suicide





Depression & Suicide Trends

**Depression & Suicidal attempts peak in 10th grade;
Females twice as vulnerable**

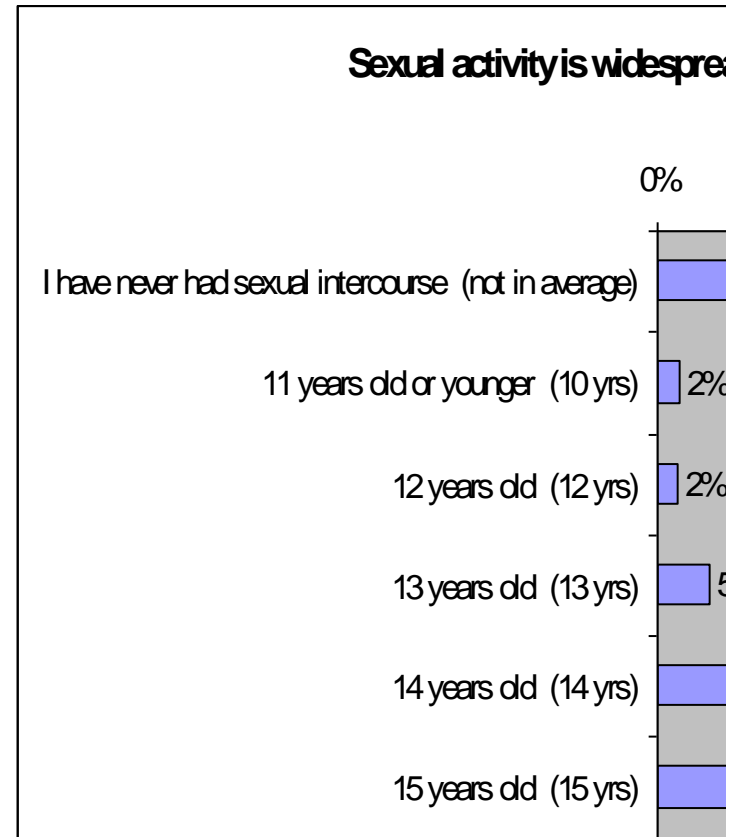




Sexual activity is common

Half are sexually active (51% vs. NH state avg: 44%)

Dramatic increase from age 13 to 14





Drinking = Promiscuity

