

**Communities United For Substance Abuse Prevention
Information, Screening, and Referral Council**

October 8, 2009; 1:30 – 3:00 PM

Claremont Savings Bank

Notes from Meeting #2

Attending:

Wreatha _____, CUFSAP Oversight Board
Willow Moryan, Midwife, Valley Regional Hospital
Anne Rawson, Turning Point
Aimee Tucker, Newport Health Center
Perry Edson, West Central Behavior Health
Liz Hennig, Project Coordinator, CUFSAP
Sandi Rubchinuk, CUFSAP Assistant Coordinator
Lee Bruder, Facilitator, Lee Bruder Associates

Lee reviewed the agenda and the group read through the minutes from our last meeting. It was pointed out that on the second page in the 9th bullet, Turning Point should be capitalized and should not be plural. The minutes were accepted as amended.

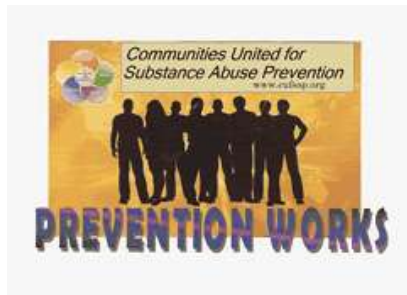
Revised Strategic Plan

Liz offered information about the coalition's revised strategic plan through handouts and a PowerPoint presentation. Data from various assessments of the communities in the coalition's region¹ shows that the biggest contributing factor to substance abuse problems is the fact that drinking is socially acceptable and is rationalized away by a large number of adults.

In order to reduce this level of acceptance, coalition efforts shall continue to be focused on several approaches including:

- ★ Increasing awareness of the risks and social and economic costs
- ★ Identifying and developing systems that will engage parents in prevention
- ★ Introduce programs and policies that will provide greater support for enforcement
- ★ Integrate and imbed prevention into the communities' structure, youth serving organizations, and the medical and human services provider communities so that prevention continues
- ★ Bring resources into the region to break the cycle of addiction

¹ CUFSAP region includes the towns of Acworth, Alstead, Charlestown, Claremont, Cornish Croydon, Goshen, Grantham, Langdon, Lempster, Newport, Plainsfield, Sunapee, Unity, and Walpole



Role of the Council

The role of this council is to advise the coalition staff on the problems, needs and gaps, and prioritized approaches related to the issues associated with drugs and alcohol. Later it was pointed out by council members how important it is to have representation of school nurses, pediatrics, and family practitioners on the council.

Issues and Gaps:

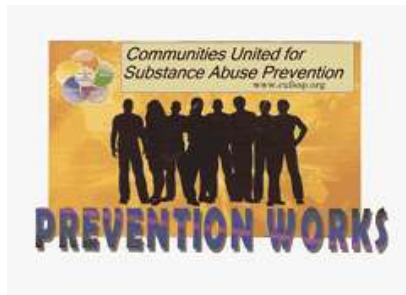
Lee went over the flip chart listing developed at our last meeting. The group added two items to the list

- ◇ Alanon and, especially, Alateen need to be expanded
- ◇ Prescription drug abuse is a serious problem

Action Steps:

The council agreed that the following prioritized actions should be taken by the coalition.

- ◇ Screening Tool
 - There is no universal tool being used in this region
 - The SBRIT is available through the coalition and can be adapted to any age group.
 - The CAGE is geared toward adults
 - The CRAFT and GAIN are for youth
 - The more providers/practices that use the same tool the better
 - ED staff must, by law, ask about domestic violence
 - Whatever tool we choose, it must be doable; that is brief enough that it will be acceptable to the already overly busy provider community
 - Maybe it could be self administered by patients who arrive early to their appointments and complete the survey on a computer in the provider's office. The results can get printed out so the provider has them at the beginning of the session.
- ◇ Facilitate Reliable Referrals
 - We need to create a reliable, up-to-date referral list for professionals which would include the treatment/intervention options available
 - It would also be great to have a resource guide for teens
 - We must provide education on what to do with the information derived from the screenings.
 - Often those who are currently doing screening don't know what to do when a problem is identified, so it gets ignored.
 - Both of these resources need to be accessible on-line (Dart-Hitch has a great site.)



Next Steps:

1. Liz and Sandi will
 - a. Send out a summary of the Rural Health Grant RFP. This grant might help fund the implementation of a computerized screening tool at various sites.
 - b. Send out a current edition of the teen resource guide which they have in Microsoft Word format
 - c. Begin to research what is currently being used by those who are doing screening and what they are doing with the results
 - d. Begin research on available screening tools and which ones have electronic versions
 - e. Send out or bring to the next meeting a map of the Coalition's region
 - f. Continue working on inviting new council members using the list generated at the first meeting which is included in those minutes.
Sectors prioritized to day include
 - i. approaching school principals about getting nursing staff representation
 - ii. Department of Corrections – they'll be opening up a new treatment center
 - iii. More counselors

Next meeting:

When: Thursday, November 12th, 1:30 – 3:00

Where: Claremont Savings Bank

Agenda:

- Review meeting notes
- Continue discussion on implementing screening
- Advise coalition staff on best ways of distributing to the right people information on training and events
- Consider renaming the council so that it is more inclusive and inviting to a variety of people.

Lee mentioned that his work with the council is completed. He was hired by the coalition to assist with bringing together the council and helping you to get started. He feels this is a strong group that will continue to strengthen with additional membership and time together. He has very much enjoyed working with everyone and offered his best good wishes for a successful future.

Lee Bruder, recorder