

2009 Schedule

NH Bureau of Drug & Alcohol Services—Resources & Development Unit



Initial Training on Addiction

This is an introductory, 6-hour, **no-cost** workshop on addiction designed to raise awareness and understanding of the dynamics and impact of addiction on people whom we serve. It will cover the neurological basis of addiction; mental, behavioral, emotional and spiritual dimensions; stages of change; recovery; motivational techniques and resources.

Learning Objectives

- Describe the neurological process of addiction
- Explain how addiction manifests in various aspects of the whole person (mental, physical, emotional, spiritual)
- Identify the 5 stages of change
- Match intervention strategies to stages
- Access appropriate resources for addressing alcohol and other drug (AOD) concerns

2009 Dates

February 11
May 6
August 12
November 18

*Each date indicates a separate, stand-alone, workshop.

Time: 8:30 am—4 pm
(lunch is 1 hour and is “on your own”)

Location: Fox Memorial Chapel
105 Pleasant Street, Main Bldg., Floor 2.5,
Concord, NH

Families and Addiction

This 3-hour, **no-cost** workshop explores how the addiction of the individual affects the entire family system. Special attention will be paid to the effects on the children in the family and discussion will center on strategies and resources to help increase their resiliency and coping skills.

Learning Objectives

- Describe the effects of addiction on the family
- Recognize roles within a family with addiction
- Identify strengths and needs associated with particular behavioral patterns of children in families with addiction
- Make appropriate interventions and referrals to community-based resources

It is strongly recommended that participants complete the “Initial Training on Addiction” prior to taking this workshop.

2009 Dates

February 12
May 7
August 13
November 19

*Each date indicates a separate, stand-alone, workshop.

Time: 9 am—Noon

Location: Fox Memorial Chapel
105 Pleasant Street, Main Bldg., Floor 2.5,
Concord, NH

Pre-registration is required as seating is limited.

LADC, Prevention Specialist, and Social Worker CEU’s are available at no cost for these workshops

To register or for more information please contact Shannon Quinn, Training Coordinator
603-271-5889 E-mail AODTrainingCoordinator@dhhs.state.nh.us